AWLS Wellness

December 2024



Mission

Meet the needs of **Anthony Wayne students**through the care of and attention to the continuous improvement and growth of a highly qualified workforce.



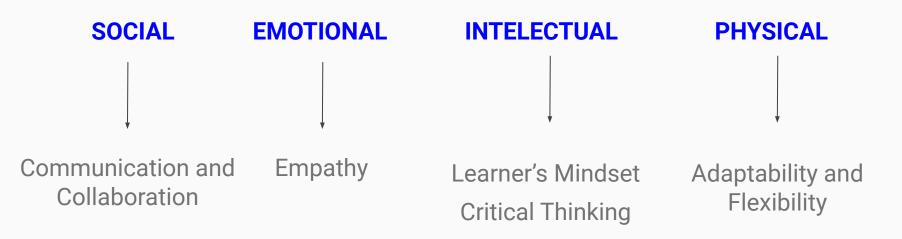
Why focus on wellness?

- ★ Improved Health Outcomes
- **★** Positive Employee Morale
- ★ Increased Productivity
- ★ Reduction of Absenteeism





What do we focus on?



How is this accomplished?

- ★ Focus Wellness Wednesdays
- ★ Challenges
 - Quarterly and Timely
- **★** Activities
 - Organized
 - BGSU Family Recreation
 - Biometric Wellness Screenings
 - Wellness Wednesday Workouts
 - Pickleball Socials
 - Book Clubs
 - Hands Free CPR



o PD Days



- Newsletters
- Classes
 - Parenting, Couples, Individual

★ Access

- Employee Assistance Program (EAP)
- Weightroom
- Health Care
- ★ Recognition



Who is behind the How?

- ★ Wellness Team
 - Representative of the district
 - School Nurses
 - Building and Department Reps
 - Savage Michelle Cleland
 - Partnerships
 - Employee Assistance Program (EAP)
 - YMCA
 - BGSU
 - Local wellness experts/practitioners

